



NECA-IBEW Welfare Trust Fund



Take control of your heart health.

Track your blood pressure, cholesterol, medication, and activity from home with Hello Heart.



Scan the QR code or text*
DECATUR to **75706** to get started.

You can also visit join.helloheart.com and enter
IBEW-NECA Welfare Trust Fund to create
an account.



All members, spouses and adult dependents, including all retirees, who are covered by the IBEW-NECA Welfare Trust Fund with blood pressure readings of 130/80 mmHg or above or those taking blood pressure medication, those who are taking medication for high cholesterol, or women ages 52+ that are going through or have gone through menopause, are eligible to enroll. Each eligible family member should enroll separately.

*Message & data rates may apply. Visit <https://www.helloheart.com> for privacy and terms information. Hello Heart is not a substitute for a licensed medical professional. Talk to your doctor to make sure you are diagnosed and treated properly.

Need help? ✉ support@helloheart.com 📞 18007673471 Monday-Friday, 8am-8pm ET